

the compassionate
VOICE

wellness centre



20th Annual Members Appreciation Picnic & BBQ

The weather could not have been more perfect for our annual picnic this year while we celebrate 20 Years of your holistic healing! The local salmon run was low this year and for the first time we opted for beef burgers on the BBQ, nothing but appreciative, smiling faces and filled bellies.

BIG THANKS TO OUR DONORS

Bandida's Taqueria, Bakery Sate, Jamaican Pizza Jerk, Raw Rolling Papers, West Coast Gifts, and YoCan Vaporizers!



Please Join US in Celebrating YOU! Winter Members Appreciation Party

DECEMBER 14, 15 & 16 1:30PM-4:30PM

BCCCS Wellness Centre is Open to the Public

Did you know that our selection of quality supplements (including vegan and organic options), natural health care products and herbal apothecary* are accessible for sales to the general public?

This means that friends, family, & all non-members of the BCCCS can conscientiously support our unique community health model through their non-cannabis Wellness Centre purchases! **Does not include Herbalist consult*

Staff Changes

This Summer we welcome Kim to Distro, Justine to apothecary staff and Lauriel, our new volunteer in the apothecary.

After 12 years, Diana moves toward retirement, covering Front Desk about once a month! Filling her big shoes, we welcome Linda to the Front Desk.

We are hiring!

www.thecompassionclub.org/jobs/
for descriptions and application information.

Essential Oils SALE

20% OFF Simplers Organic Essential Oils!

To make room for *NEW BRAND*

FLORICOEIA's highest grade of wildcrafted & organic botanical products.

<http://www.floracopeia.com/>

Silent Art Auction



Please take some time to admire our walls! Beautiful First Nations art has been donated to our auction. We are fundraising for our Wellness Centre to ensure our continued, quality service & care! Pictured here, our first two winners, members, Wendy & Liz! Thank you ladies so much for your loyalty & support!

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Newsletter of the BCCCS

FALL/WINTER 2017

20 Years of Holistic Healing & Whole Plant Medicine



Indigenous Healer & Craniosacral Therapist, Maria, opening our 20th AGM with thanks, acknowledgments and prayers.

This year marked our 20th Annual General meeting and for the 3rd year, we continue to operate in a deficit, but not without diminishing the level of care & support we offer and for that we are proud! We had some profound moments over the year: a fruitful visit from the Task Force on Cannabis Legalization and Dwight represented patient voices in Toronto at the Patient's Round Table.

The staff made many sacrifices including going without annual raises, cutting hours/shifts, and filling multiple roles to avoid added hiring costs. With that, we managed to fulfill some of the ongoing member requests, such as, opening Sundays, exploring new avenues for financial support and diversified medicinal options. See below for details.

THE BC COMPASSION CLUB SOCIETY
AVAILABLE 7 DAYS A WEEK
NOW OPEN
SUNDAYS
12 - 5 PM

THE BC COMPASSION CLUB SOCIETY
WELCOME'S VISITORS!
Adult individuals aged 19+
SUPPORT
A unique community health model
Access our support & education
Access clean, tested medical cannabis
EMPOWERING YOUR RIGHT TO
HEAL YOUR OWN WAY
Complete a Visitors Statement Today
www.thecompassionclub.org

 **Practitioner Room Rentals**
@ The BCCCS Wellness Centre
In need of a warm, welcoming and professional space to work with clients?
We have 4 lovely session rooms available for rent.
Rates
\$40 Half day
\$70 Full day

Please contact: 604-709-0448 or wellness@thecompassionclub.org for more information

M E N U
DRIED FLOWERS
HASHES & EXTRACTS
CONCENTRATES
CAPSULES & DISTILLATE
INGESTIBLES
HONEY & BUTTER
OLIVE & COCONUT OILS
PRE-ROLLED CONES
SUPPOSITORIES
ALCOHOL & GLYCERITE
TINCTURES



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Club News

Vancouver Dispensary Study

We request your time in taking part in The Vancouver Cannabis Dispensary Users Study, led by Dr. M-J Malloy of UBC, which seeks to discover more about the public health benefits and risks of cannabis use.

The importance of collecting data from this study could be instrumental in ensuring the club's future existence. Dr. Malloy collected the scientific data presented to the provincial government to justify the existence of Insite, North America's first legal, safe injection site – which will be celebrating its 15th year in operation next year!

The anonymous, confidential online survey takes 30-45 minutes to complete. After which, you will be entered to win \$25.

Please share this study with anyone else you know who may be eligible to participate: Aged 19+ and has used cannabis from a dispensary in the City of Vancouver in the past year.

Email Vancan@cfenet.ubc.ca for an invite code to participate in the survey: <https://survey.ubc.ca/s/VanCanDispensary/>



Club News

20th B'day! Member Appreciation Days! Diana's Retirement

On April 1 we hosted our first Member Appreciation Day outside of our Winter & Summer events! On May 1, we hosted a smaller event for our 20th Birthday! Both complete with live acoustic music, raffle prizes, snacks and beverages! Your love and loyalty are gratefully appreciated by the entire community we serve, give yourselves a hand for being such an amazing membership! We wouldn't be here without you! Special big thanks for donations from Bandidas Taqueria, Bakery Sate, Quest Foods, Raven, RAW, West Coast Gifts, YoCan & anonymous members (you know who you are!) <3



Left: Hex Partners feat. staff, Elly on guitar, performing on April 1; Right: Dylan with Diana getting ready to serve her last BCCCS B'Day cake before her retirement.

Cannabis Extracts & Cancer Survey

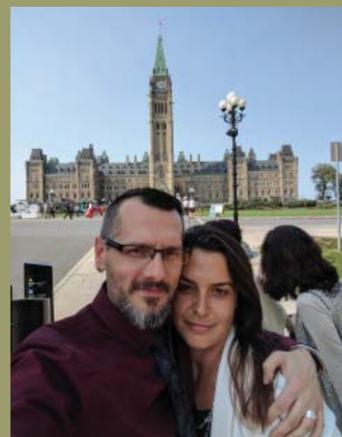
The BCCCS is conducting a survey and we request participation from those living with cancer who use our High CBD Oil or our Compassion Oil. Paper copies available at Front Desk.

Access Cannabis Extracts & Cancer Survey ONLINE here: <http://bit.ly/2y5SMEv>

MCT COCONUT OIL W/ THC DISTILLATE

- * **Medium Chain Triglycerides (MCT)** can be likened to a smoothie vs. a raw fruit, it's easier to digest and utilize by your body
 - * **MCT is a good source of energy,** supports in balancing hormones, balancing gut health, and immune function
 - * **MCT absorbs quickly, start your dosage low** (1 tsp.) and go slow (check-in with your body every hour)
 - * **MCT is shelf stable at room temperature,** tasteless and in a liquid state. Best stored in a cool to room-temperature dark cupboard.
 - * **Delta-9-Tetrahydrocannabinol (THC)** is one of the main cannabinoids found in cannabis. Interacting with the brain & body to produce such affects as elation, pain relief, energy, hunger, increased heart-rate
 - * **Distillation is a centuries-old procedure,** commonly used in the making of perfumes & essential oils, of removing essential chemical compounds from plant matter. What remains is this instance is isolated THC that can be suspended or infused in fats, oils or sugars for ease of use.
- NOW AVAILABLE IN DISTRO!**
100mL MCT Coconut Oil infused with 200mg Activated THC Distillate, \$21

House of Commons Visit Re: Bill C-45 Federal Cannabis Act



On September 15, the BCCCS was invited to submit our feedback regarding the Federal Cannabis Act, slated for legalization by July 2018. BCCCS founder, Hilary Black & original staff member, Marcel V. represented medical cannabis patient voices during a panel discussion in The House of Commons in Ottawa.

Our recommendations: give special consideration in transitioning long standing medical cannabis institutions into the new regulatory framework; amend the tax act and give medical cannabis a drug identification number to facilitate insurance coverage; ensure all forms of cannabis are available to medical patients; prioritize research & education. VIEW PANEL DISCUSSION HERE, starts ~10:46 AM: <http://bit.ly/2yT47rs>

Dark Amber Oil Pre-Filled Cartridges

In August we introduced our vaporizer kits pre-filled with our Dark Amber Oil with some hiccups, but overall with positive feedback re: medicine quality, medicinal effects, ease of use, particularly with the Puma Battery, and cost effectiveness. We are always looking for ways to improve the dispensary and appreciate all member feedback.

Dark Amber Oil Pre-Filled Cartridges and Vaporizing Kits



Keep Clark Park Spectacular



As part of our City's #KeepVancouver-Spectacular, in June we hosted another Clark Park Clean-Up with a lean 6 volunteers representing Club Members, Board Members & Staff! A warm thanks to all who came out to help!

Donate to Our Wishlist

Almost all of our profits go toward subsidizing medicine & services, we honor help where help is needed. If you are in the position to donate to our operational costs, we are grateful for your consideration and support!

- WISHLIST ITEMS:**
- * Professional Ergonomic Advice
 - * New Chair for New Member Orientations
 - * Shelving & installation in our bodywork room
 - * Discounted printing
 - * Flooring w/ installation
 - * Vacuum sealer

- * Barley Travoy bike trailer
- * Umbrella stand
- * Office supplies
- * Tradespeople
- * Mediation training
- * New photoID printer
- * Photo wall/backdrop
- * Coffee maker
- * Large screen television for waitroom menu