### Practitioner Room Rentals @ The BCCCS Wellness Centre

We have 4 lovely session rooms suitable for counseling, energy work, nutritional consultations, bodywork, etc. Some rooms include massage table and portable stereo. Room rental rates are $40 per half day and $70 per full day. Please contact: 604-709-0448 or wellness@thecompassionclub.org for more information.

### Animals & Their Humans

Say hello to our little fur-ends! Clockwise L2R: LeeAnn’s Archie, Lisa’s Lou, Rhonda’s Romeo & Lady, Sara Grace & Jakub, Karim & Ginger, and David & Jackson.

### Staff Changes

This winter we welcome Rachel to Distro & Front Desk. Katie sends members love from her extended maternity leave!

### BCCCS Cookbook

Recipes for ALL edibles we once carried! 100% of the cookbook profits go toward Wellness Center Subsidies!

### Members’ Donations

A little change goes a long way! Your collective kindness in Oct 2016 donated $424 toward Doctor’s without Borders’ Haitian hurricane relief efforts. This membership values caring for our youth and in Nov/Dec 2016, we collected $1977.64 to purchase gifts for children of our members! We checked every one off our gift list with $1295.17 left to donate toward Sheway's winter clothes and community program necessities. Learn more about the valuable work they do for women, children and families of the DTES. http://sheway.vcn.bc.ca/

### Dose Low, Go Slow

New and seasoned members, a reminder that modern cannabis is more potent than it was even 20 years ago. Please consider taking this while using any of our concentrates or extra-strength medicines and remember to start with a little, and over time, work your way up to larger dosages.

### Celebrate our 20th Anniversary, Help Us Make It To 21!

This year, the BC Compassion Club Society celebrates 20 years as the only non-profit wellness centre & dispensary in Canada subsidizing holistic healing services & medicines! We are able to do what we do best, stand for patient rights when and where it matters, because of the support of members like you!

The basic landscape that has allowed our civil disobedience to exist, has, in the last 4 years, quickly expanded into a complex and lucrative industry; the needs and voices of medical patients, sadly, are too often being drowned out by the sound of other dispensaries and providers cashing in. While cities like Vancouver attempt to regulate the sale of cannabis, distribution & possession are still federally illegal and the amount of resources required in taming this cannabis ‘wild west’ may not be procurable. This means that regardless of intentions to bring local bylaws into effect, for-profit cannabis businesses that operate under the guise of medicine will continue to exist until an opportunity or budget for enforcement becomes available. Part of our ability to offer generous subsidies to those most in need is hindered by this, meaning the very real potential threat to closing our doors permanently.

We established out of a need for harm reduction crisis support, as the list of conditions helped by cannabis grew; we were able to witness healing and resilience in our growing membership for years to come. They were able to support new members by way of their own cannabis purchases. Today, the demographics of our new membership are predominantly late stage cancer patients over 55 years old.

As a society we are required by law to charge an annual membership, a minimum donation of $15 is requested, however, if you share our vision and are able, please consider increasing your donation to what feels most comfortable for you. Optionally, for those who want to support our passion for holistic healing through community, please consider a one-time donation. Welcome at any time from non-members and anonymity is honoured at your request.

It’s time to be vocal about our reality, we are in dire need of your help for us to be seen, our work needs to be shared and our history needs to be heard!
Club News

Visitors Welcome!
Did you know that visitors have always been welcome at the BCCCS? Visit our location to safely access our medicinal offerings, receive one-on-one support and education. Experience why many others choose to support our cannabis purchases.

Individuals accessing medical cannabis from a dispensary or compassion club in Canada or the USA, ACMPR holders and individuals who can affirm their diagnosis may submit proof with valid ID in order to visit BCCCS.

Accessible, Bright & Comfortable Dispensary
Spring is here and to celebrate, we've revitalized the distribution waitroom in the dispensary to feel more open, relaxed, welcoming! Most importantly it is now more accessible for our members in wheelchairs and motorized scooters.

On April 1, we held a small Members Appreciation Afternoon with music, snacks and prizes to show our thanks and dedication to our members and their cannabis patient care!

More Appreciation Afternoons to come!

Sublingual High THC Co2 Extraction
Introducing our new High THC, CO2 extraction of Pink Kush diluted in grapeseed oil and a touch of antibacterial thyme.

Each 2.5ml bottle contains the equivalent of 13.5 x 20mg THC Caps or 270mg at about 4mg of THC PER DROP. This will allow members to titrate their dose specifically and to their needs, it is intended for sublingual use, directly under the tongue.

This medicine will be available at $51 per bottle, providing a savings to members of about $0.22 per 20mg THC Cap.

Using Extracts in Vape Pens
Vape Pens are an excellent way to use a number of our high-potency cannabis extracts. They are perfect for extracts which liquefy when heated however, not all extracts should be used in pens.

We recommend using pens for: Any Hash Oil Extractions (aka budder, crumble, dabs, rosin, shatter, wax) and Honey Oil.

We do not recommend using pens with Compassion Oil or High CBD Oil. These extracts produce carbon buildup in your device which will lead to clogged elements that do not heat properly. Resulting in early replacement of the element and a waste of resources all around. Compassion Oil and High CBD Oil are typically used orally or topically, or sometimes spread on a paper or dropped onto a bud for smoking.

Winter Member Appreciation Week!
December 21-23, 2016 we hosted 3 Member Appreciation afternoons complete with gifts distributed by our Board Directors, raffle prizes, warm, sweet & savoury treats, live music and festive vibrations all around! We feel the yearn for the infamous BCCCS Winter Parties of the past and we do the best we can with what we have to honour and show that we value the time, presence and people that make up this membership and we hope you are happy with our offerings! We wouldn't be here without you! Special big thanks for donations from Magic Flight, Quest Foods, Raven, RAW, YoCan and anonymous members (you know who you are) <3

Annual General Meeting Sunday May 21
* Registration @ 12:30pm
* Meeting 1:00pm - 3:00pm
* Elect your Board of Directors
* Hear reports of the past year
* Look ahead to the next year

Donate to Our Wishlist
* Barley Travoy bike trailer
* Umbrella stand
* Office supplies
* Vacuum
* Tradespeople
* Mediation training
* New photo identification printer system
* Photo wall/backdrop
* Coffee maker
* Large screen television for waitroom menu

WISHLIST ITEMS:
* Professional Ergonomic Advice
* New Chair for New Member Orientations
* Shelving & installation in our bodywork room
* Discounted printing
* Flooring w/ installation
* Suggestion box
* Vacuum sealer

Almost all of our profits go toward subsidizing medicine & services, we honor help where help is needed. If you are in the position to donate to our operational costs, we are grateful for your consideration and support!

We wouldn't be here without you! Special big thanks for donations from Magic Flight, Quest Foods, Raven, RAW, YoCan & anonymous members (you know who you are) <3

Annual General Meeting
Sunday May 21

* Registration @ 12:30pm
* Meeting 1:00pm - 3:00pm
* Elect your Board of Directors
* Hear reports of the past year
* Look ahead to the next year

Almost all of our profits go toward subsidizing medicine & services, we honor help where help is needed. If you are in the position to donate to our operational costs, we are grateful for your consideration and support!

We wouldn't be here without you! Special big thanks for donations from Magic Flight, Quest Foods, Raven, RAW, YoCan & anonymous members (you know who you are) <3

Annual General Meeting
Sunday May 21